

Person-Centered Survivorship Care

Workshop

Summary

The PanCareFollowUp Project is an EU-funded project looking at how to best deliver survivorship care to survivors of childhood cancer in Europe.

The Radboud university medical center, in the person of dr. Jacqueline Loonen, has been requested to develop a one-day workshop on the topic of person-centered care in the context of survivorship care delivery. The workshop will specifically be focusing on healthcare professionals who are involved in daily survivorship care.

The objective of the person-centered survivorship care (PCSC) workshop is to introduce healthcare professionals to the principles of person-centered care (PCC) and to introduce strategies on how to integrate PCC principles into their daily care practice.

PCSC Workshop Description

This one-day workshop (8 hours) will focus on the principles and practices of person-centered survivorship care. The workshop will focus on healthcare professionals that are involved in the follow-up care of survivors of childhood cancer. This workshop offers the room for +/-10 healthcare professionals to participate.

PCSC Workshop Objective - Training Goal

To introduce healthcare teams, involved in the cancer survivorship care management, to the principles and practices of person-centered care in the context of cancer survivorship care - **so they can implement them in their own practice.**

PCSC Workshop Deliverables - Learning Objectives

After following this workshop healthcare professionals will be able to:

This workshop will teach healthcare professionals working with survivors of childhood cancer:

- The principles of person-centered survivorship care.
- To apply the principles of person-centered care in daily practice.
- To identify physician and nurse perspectives that influence survivor care management.
- To identify survivor perspectives that shape survivor care management.
- To incorporate the survivor perspectives in survivor care.

PCSC Workshop Key Topics

- **The principle of person-centered care**
 - Introduction of person-centered care principles
 - Introduce Planetree Principles
 - Introduction of the concept of patient empowerment
 - Introduce Three steps of patient empowerment
 - Introduction of the concept of listening
 - Explore ways of listening.
 - What ways of listening do we practice in PCC
- **Person-centered survivorship care from a healthcare professional perspective**
 - Identifying physician and nurse perspectives and values that influence survivor care management
 - Integration of person-centered care principles in the context of survivorship.
 - Explore PCC Principles in the survivor follow-care practice
 - Introduce the concept of Two-way sharing of information
 - Introduce Three steps of patient empowerment in the context of survivor care
 - Explore; How to give information to the patient
 - Explore: A practical example of a PCC consultation structure
 - Listen to both the question and the context
 - Problem identification
 - Evaluation of lifestyle
 - Focus on the functioning of the patient
 - Physical examinations
 - Intervention based on problem identification
 - Sharing information about the treatment and late effects.
 - Screening on late effects
 - What to look for.
 - Preventative measures
 - What can the patient do him/herself?
 - Make follow-up agreements

- **Person-centered survivorship care from a survivor perspective**
 - Identifying survivor perspectives that shape survivorship care management
 - Incorporating survivor perspective into daily survivorship care
(to be further developed in collaboration with CCI Europe)

PCSC Workshop Program Outline

Time	Duration	Topic	Section	Part
00:00	00:15	Welcome & Personal introduction and expectation management of participants	1	
		Principles of Person-Centered Survivorship Care	2	
00:15	00:30	Introduction of person-centered care principles		A
00:45	00:30	Introduction of the concept of patient empowerment		B
01:15	00:30	Introduction of the concept of listening		C
01:45	00:15	COFFEE BREAK		
		Person-centered survivorship care from a healthcare professional perspective	3	
02:00	00:45	Identifying physician and nurse perspectives and values that influence survivor care management		A
02:45	00:45	Integration of person-centered care principles in the context of survivorship.		B
03:30	01:00	LUNCH BREAK		
		Person-centered survivorship care from a survivor perspective	4	
04:30	00:45	Identifying survivor perspectives that shape survivorship care management		A
05:15	00:45	Integrate survivor perspective into daily survivorship care		B
06:00	00:30	COFFEE BREAK		
		Reflections on person-centered survivorship care	5	
06:30	00:45	Group reflections on workshop topics		A
07:15	00:45	Take home assignments and messages		B
08:00	END			